



skillsbootcamp 14th June 2023

9:00 -
midday

Coaching including Speed Coaching Double session

Summary:

Creating a coaching culture is the most successful way to ensure consistency, collaboration & an aligned culture. However many leaders and managers are unable to spend the time or have the skills to enable them to do this successfully. within high volume environments a traditional coaching session is not always achievable, we have therefore developed a speed coaching model that can be used on a daily basis to help teams achieve small achievable goals. This session will give them practical tools & skills not only to coach but to develop a speed coaching style.

Key learning:

- What is speed coaching and how does it differ from mentoring and teaching;
- Understand the skills required of a coach
- How to build your questioning skills
- Understand the importance of active listening
- Using the GROW model - a formula for coaching
- Note taking and record keeping
- Using speed coaching as a daily tool
- Role model session showing GROW in action;

It would suit:

Anyone who has to coach or guide an individual, team member or colleague. This is ideal as a refresher and alternative approach from experienced leaders and as a starter for new managers, leaders and coaches.

To Book:

Visit our booking sheet
or contact
hello@mjinpire.com



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