



# Skillsbootcamp 9th March 2022

8:30 AM

## Embedding Change

Summary:

It seems we are constantly going through a change, never more so than during and post pandemic. In many cases leaders and supervisors do not have the skills or resilience to lead and inspire their teams through the change process from Impact to Integration. This can then impede the efforts by the organisation to integrate departments, systems, and cultures and lead to loss of productivity.

Using known change models from David Rock's Scarf model to research carried out by mjinspire ltd in 2019, this session gives leaders an understanding of the psychological impact of change (the human factor) and a roadmap to manage their own and others' change.

Key learning:

- Understand the impact of change
- Gain an insight into the psychological impact on teams (The Human Factor) - The change pathway
- Tools to manage your own resilience and change adoption
- Given tips and tools to help speed up the pace of adoption
- Develop an action plan to aid change in your business

It would suit:

Suitable for leaders, managers, project managers, anyone who has to implement a change process.

10:30AM

## Building a high performance team

Summary:

Effective team leaders are highly sought after in every industry. In this Team Leadership online course you will learn to utilise the people management skills required to lead successful, high performing teams, including managing team dynamics, understanding the cause of and how to resolve conflict and problem solving.

Key learning:

- Understand the stages of team formation and dynamics
- How to identify the roles and responsibilities of team members
- How to navigate the balance between managing teams, individuals and tasks
- Plan team building and oversee team goal setting
- Understand team dysfunction and apply problem solving techniques to resolve conflicts

It would suit:

Team leaders and managers who want to build stronger teams and learn the specific skills required to manage teams in addition to individuals.

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