



Skillsbootcamp

8th June 2022

8:30 AM Coaching inc Speed Coaching

Summary:

Creating a coaching culture is the most successful way to ensure consistency, collaboration & an aligned culture. However many leaders and managers are unable to spend the time or have the skills to enable them to do this successfully. This session will give them practical tools & skills not only to coach but to develop a speed coaching style.

Key learning:

- What is speed coaching and how does it differ from mentoring and teaching;
- Understand the skills required of a coach;
- Using the GROW model - a formula for coaching;
- Role model session showing GROW in action;
- The top ten best tips we have found from reading 100's of articles and attending sessions.

It would suit:

Anyone who has to coach or guide an individual, team member or colleague. This is ideal as a refresher and alternative approach from experienced leaders and as a starter for new managers, leaders and coaches.