

Calendar 2025



90 minutes of live, online
inspiring learning.
Skills you can take back to the
workplace and use immediately

From £75 per person per session

Mon 20th January

Manage and Motivate

9:00am - 10:30am

Motivating your team to gain discretionary effort, using the latest research. How to give and get the best for and from your team.

Impact & Influencing

10:45 - Midday

Learn how to read behavioural clues using NLP / profiling techniques, adapt your communication style, and gain the confidence to influence others in any situation.

Wed 12th February

Successful Supervising

9:00am - 10:30am

Equip supervisors with the essential skills to lead effectively, whilst managing the transition and change of mindset from team member to team leader.

The 7 C's of Communication

10:45 - Midday

Master the art of effective two way communication using the 7 C's technique to be heard.

Mon 24th February

Introducing the Guided Leadership Notebook

11:00am - 12:30pm (GMT)

The mjinspire Guided Leadership Notebook will help make your leadership more efficient and effective.

This sessions is a masterclass in core leadership skills using the Guided Leadership Notebook as your best tool

All attendees need to buy a copy of the Guided Leadership Notebook Available internationally

Free Session

Tues 18th March

Creating an Exceptional Customer/Guest Experience

9:00am - 10:30am

How to move from guest service to guest experience. Create a culture that consistently exceeds expectations.

Resolving Complaints

10:45 - Midday

Gain an understanding of the psychology behind the complaint, a formula to use and the confidence to handle them on a daily basis

Wed 9th April

Emotional Intelligence

9:00am - 10:30am

Develop your emotional intelligence to enhance your self & social awareness and manage emotions effectively to ensure impactful leadership.

Managing generations

10:45 - Midday

Learn to lead a multigenerational workforce by understanding their unique values and motivations. Also manage individuals effectively while uniting them as a cohesive team.

Wed 14th May

Tough Conversations

9:00am - 10:30am

Based on the book Radical Candor by Kim Scott this session gives delegates a formula and the confidence to have tough conversations at all levels.

Quality One to Ones

10:45 - Midday

Quality One to Ones are more than a conversation. They should make your team feel valued, empowered and able to achieve both their own and company goals.

Wed 11th June

9:00am - Midday
(Double session)

Coaching inc Speed Coaching

Coaching is a vital leadership skill. In this double session, learn the GROW model, master effective questioning, active listening, and discover the power of the 'Killer Question' for speed coaching.

Wed 9th July

Embedding Change

9:00am - 10:30am

Gain practical tools to manage & embed change from Impact to Integration. Based on change the human factor research

Goal Orientated Project Management

10:45 - Midday

Understand GOPM & gain practical tips and tools from project initiation to monitoring, milestones, communication. Gain practical, tips & ensure the team stay on track

Wed 6th August

Recruitment for the 21st Century

9:00am - 10:30am

Recruitment techniques have changed dramatically since the rise of social media. We will show you how to attract the right talent in todays world.

Interviewing to Discover the True Person

10:45 - Midday

Get behind the words of the interviewee to understand the real person who will thrive in your business and fit in perfectly.

Wed 10th September

Negotiation

9:00am - 10:30am

We will equip you will the skills and strategies for navigating bargaining and dispute resolution for a mutually beneficial outcome.

Present with gravitas

10:45 - Midday

Suitable for anyone who has to present, pitch or train. you'll get a practical guide to planning and delivering engaging presentations. Pitch, pace, posture, pauses & power of three

Wed 8th October

Time Management

9:00am - 10:30am

Workloads never seem to diminish. this session gives you the best practical tools, tips & resources gleaned from years of experience and the latest technology.

Effective Delegation

10:45 - Midday

Delegating not only gives you more time, it empowers your team. We will give you practical tools and tools to delegate effectively using SMARTER goals.

Wed 12th November

Building a high performance team

9:00am - 10:30am

Gain an understanding of team dynamics and how as a leader, you can get the most from your team and get results

Build Resilience

10:45 - Midday

With work being ever more stressful. This course provides practical tools to manage stress, overcome challenges, & foster a growth mindset for personal and professional well-being!

To book or for more details visit www.mjinspire.com