

# ChefsBootCamp Course Schedule 2025

#### **Communication 101**

Communication sits at the heart of leadership. By understanding how the brain processes messages and differing communication styles you can adapt your style & be heard.

Date: Wed 12th February 2025

Time: 3:00 - 4:30 pm

## **Tough Conversations**

A kitchen is only as good as the worst behaviour you are willing to accept. Nipping poor performance in the bud is an essential leadership trait. Gain the expertise & confidence to how to have tough conversations at all levels.

Date: Wed 9th April 2025

Time: 3:00 - 4:30 pm

#### **Emotional Intelligence**

Working in kitchens can be a high pressure, stressful environment. We'll give you the tools to understand & manage your own & other's emotions, and stress effectively.

Date: Wed 11th June 2025

Time: 3:00 - 4:30 pm

## Right on Time

How to manage your time effectively, by balancing your cooking, paperwork, people management and delegation.

Lots of tips, methods & motivation to stay on track.

Date: Wed 6th August 2025

Time: 3:00 - 4:30 pm

### **Managing Generations**

With up to five generations working in the kitchen, this course assists in comprehending their motivations, enabling effective leadership on an individual basis while fostering unity within the team.

Date: Wed 10th September 2025

Time: 3:00 - 4:30 pm

## Manage & Motivate

Understand how to get the best from your kitchen brigade by understanding what makes them tick, and getting them onside so they are more likely to stay and deliver their best.

Date: Wed 8th October 2025

Time: 3:00 - 4:30 pm

Buy the ChefsBootcamp Bundle for £375 (6 sessions)
This is a rolling schedule, if you miss one, you can pick it up at the end.

Don't forget you can also attend our general skillsbootcamp